

The Lafaya Way Parents Empowering Parents (PEP) Program

Virtual Workshop Series

October 7- October 28

Every Saturday; 10:00am-11:30am

- Attend weekly "sanity" sessions facilitated by Lafaya Mitchell, LMFT, where you will:
 - Learn applicable concepts for dealing with real life situations encountered by parents of "hypersensitive" children to create more pathways to peace and happiness in the home
 - Share your struggles and observations of the concepts learned during the training in a co-creating environment that enhances and supports the learning experience

Register at bit.ly/46a9r5N or scan the QR code

Workshop will be in English only.



bit.ly/46a9r5N



For more info, visit supportforfamilies.org
Or call 415.920.5040.