

Adult Services and Transition Group

A group for parents and caregivers of youth and young adults with disabilities or special health care needs.

The purpose of this group is to provide parents and caregivers an opportunity to discuss the challenges arising as our children transition from youth to adulthood.

The issues can include education, healthcare, recreation, employment, housing, dealing with agencies, mental and emotional health, sexuality and our own ways of coping with these transitions. .We also address questions around understanding Regional Center services and ways to address services in the IPP that can't be met in the community.

The group is facilitated by Audrey deChadenedes.

***During shelter-in-place,
this group is being run online through Zoom.***

DATE: First and Third Monday of the month

TIME: 6:30-8:00 p.m.

For more information or to register, please call
Support for Families at **415-920-5040**.

You may also email supportgroups@supportforfamilies.org
or go to www.supportforfamilies.org

